

Dental

Sealants

Thin, plastic covering that protects back teeth from cavities

STEPS for Sealants

1. Tooth is cleaned and dried:



2. Blue gel tooth to ready:



is put on
get it

3. Tooth is rinsed and dried again

4. Sealant gel is put on the tooth:

It can dry
own or
light



on its
with a

Fluoride Varnish

What is it?

A mineral brushed on teeth



What does it do?

Protects the teeth from getting cavities and can stop a cavity that has already started

Is it safe or hard to do?

YES it is safe!
For babies to adults
NO it is not hard to do
very easy with no pain



Your dental provider will tell you how often Fluoride Varnish is needed, but usually 3-4 times per year is best!